

NAMI Duluth Area

Board Member Responsibilities and Descriptions

Revised June 2019

People who are committed to NAMI's mission* in the Northeastern Minnesota

Board Member Expectations-

1. Serve a three-year term.
2. Attend monthly board meetings (2 hours/month).
3. Staff the NAMI Duluth Area phone line by collecting messages from callers and responding to them (one to two months/year). Consult other board members, NAMI Minnesota staff, and others as needed to provide information to callers or make referrals. This is NOT a crisis line.

Board members may embrace additional responsibilities, depending on his/her interests and skills. Some examples are:

- Serve as a board officer (president, vice-president, secretary, treasurer)
- Serve as Web master
- Be the team captain for the Duluth NAMIWalks team (register the team online, recruit walkers, organize logistics and transportation, etc)
- Serve as liaison to other community groups with similar missions
- Facilitate a support group
- Organize staffing of NAMI table/booth at conferences and health fairs
- Serve as contact person in our area for Mental Health Day on the Hill in St Paul
- Help publicize events
- Answer emails sent to the NAMI Duluth Area gmail account
- Coordinate membership records and send emails to NAMI Duluth Area listserve
- And more ... there is room for your ideas to accommodate your interests!

We are a working board (no paid staff do the work); we also understand that board members have personal lives and commitments that sometimes prevent us from attending a board meeting or monthly educational meeting.

Ensure that NAMI Duluth Area activities align with its mission.

***NAMI Mission:**

The National Alliance on Mental Illness of Minnesota is dedicated to improving the lives of adults and children with mental illness and their families. NAMI Minnesota offers education, support and advocacy. NAMI Minnesota vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.